

# Commonly Requested Ideas for Pain Management

Formula Ingredients	Potential Prescribed Uses
<b>Anti-Inflammatory Creams</b>	
Ketoprofen 20%, Lidocaine 5%, Baclofen 2%	Rheumatoid Arthritis, Osteoarthritis, Tendonitis (no nerve involvement)
Flurbiprofen 10%, Lidocaine 5%, Baclofen 2%	Rheumatoid Arthritis, Osteoarthritis, Tendonitis (no nerve involvement)
Diclofenac 5%, Baclofen 2%, Bupivacaine 1%	Musculoskeletal, Multi-faceted Inflammation, Myofascial pain, Tennis Elbow
Diclofenac 5%, Verapamil 10%	Tendinosis, Tenosynovitis, Plantar Fibromatosis; Fibrosis/ scarring issues, Tennis Elbow
<b>Fibrosis/ Scarring: Add Verapamil 10% to above</b>	
<b>Neuropathic Creams</b>	
Carbamazepine 2%, Gabapentin 6%, Imipramine 3%, Loperamide 3%	Diabetic Neuropathy, Vascular Insufficiency
Imipramine 3%, Gabapentin 6%, Nifedipine 2%	Diabetic Peripheral Neuropathy; Chemo-Induced Peripheral Neuropathy
Baclofen 2%, Gabapentin 6%, Verapamil 6%	Acute Post-surgical, Fibrosis, Chemo-Induced Peripheral Neuropathy
Clonidine 0.2%, DDG 0.5%, Gabapentin 6%, Lidocaine 5%	Trigeminal Neuralgia
Clonidine 0.2%, Imipramine 3%, Gabapentin 6%, Lidocaine 5%	General Neuropathic Pain, Reflex Sympathetic Dystrophy (RSD), Complex Regional Pain Syndrome (CRPS), Trigeminal Neuralgia, Phantom Limb Pain
Gabapentin 6%, Clonidine 0.2%, Lidocaine 5%	General Neuropathic Pain (Same as Above without Tricyclic)
<b>Neuropathic and Anti-Inflammatory Creams</b>	
Baclofen 2%, Bupivacaine 1%, Cyclobenzaprine 2%, Diclofenac 5%, Gabapentin 6%	Failed Back Syndrome, Radiculopathies, Fibromyalgia, Phantom Limb Pain, Degenerative Disc Disease
Diclofenac 5%, Gabapentin 6%	Musculoskeletal, Degenerative Disc Disease, Degenerative Joint Disease
Ketoprofen 10%, Amitriptyline 5%	1st line Degenerative Disc Disease
Diclofenac 5%, Baclofen 2%, Bupivacaine 1%, Cyclobenzaprine 2%, Gabapentin 6%	Plantar Fasciitis, TMJ, Musculoskeletal pain and spasms
Ketoprofen 20%, Baclofen 2%, Gabapentin 6%	Fibromyalgia, Myofascial Pain
<b>Shingles Pain &amp; Post-Herpetic Neuralgia</b>	
Ketoprofen 10%, Diphenhydramine 2%, Acyclovir 5%, DDG 0.2%, Lidocaine 5%, Amitriptyline 5%	Shingles Pain, Post-Herpetic Neuralgia

*Above formulations contain Pentoxifylline 3% in Lipoderm—All Diclofenac formulations contain Ibuprofen 3%*